

# Parent Training Series 2025-2026

Every other Tuesday from 6:30-8:00pm via Webex.  
Webex link will be sent to all registrants in advance of each session.



October	<ul style="list-style-type: none"><li>• 10/7 Introduction to Balanced Parenting &amp; Dialectics</li></ul>
November	<ul style="list-style-type: none"><li>• 11/4 Positive Opposites / Reinforcement</li></ul>
December	<ul style="list-style-type: none"><li>• 12/2 Emotional Competence / Mindfulness</li></ul>
January	<ul style="list-style-type: none"><li>• 1/6 Crisis Communication / Prompting and Shaping</li></ul>
February	<ul style="list-style-type: none"><li>• 2/3 Stress Model of Crisis (TCI)</li></ul>
March	<ul style="list-style-type: none"><li>• 3/3 Conflict Cycle (TCI)</li></ul>
April	<ul style="list-style-type: none"><li>• 4/7 Crisis Co-Regulation &amp; LSI</li></ul>
May	<ul style="list-style-type: none"><li>• 5/5 Distress Tolerance</li></ul>