

# Online COVID-19 Resource Center



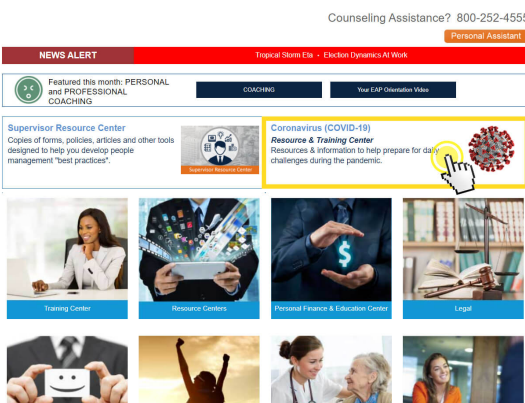
To ensure that you get the information, resources, and help that you need as we all work together to get through this difficult time, your EAP has a comprehensive, online **COVID-19 Resource Center**.

Here's a quick overview of some of the major features available:

- COVID-19 pandemic resources
- Departments of Health links by state
- Tools for employees & managers working remotely
- Resources supporting at-home children, older adults & caregivers
- Help for financial stress & achieving financial stability
- Resources to address your emotional wellbeing and developing resilience
- Webinars and trainings
- Resources in Spanish
- Resources for Military personnel & their families



## Login Instructions



1. To access the **COVID-19 Resource Center**, simply log in to [www.theEAP.com/TotalCare-EAP](http://www.theEAP.com/TotalCare-EAP).
2. Click the **Employee & Family** login in the top menu bar.
3. If you already have a User Name and Password, simply enter that info in the appropriate boxes.
4. If you have not registered, click on **REGISTER** and complete the Registration fields/boxes. **You only need to register once.**
5. Click the **Coronavirus (Covid-19) Resource and Training Center**.

If you need help logging in or you want to speak with a counselor, call **800-252-4555**.