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## **HUMAN RESOURCES UPDATE 5/6/20**

The CARES Act recently signed into law as part of the COVID Stimulus Bill, now makes certain over the counter (OTC) drugs and medicines reimbursable using your flex (FSA) funds without the need for a prescription, as well as allowing you to use FSA funds to pay for menstrual care products.

<u>Please note</u>, stores need to update their systems so you may be told by some that your Benny card doesn't cover certain OTC items that should now be covered. It is expected that all stores' systems will be up to date within the next couple of months so if you have a purchase denied, you can still submit a manual claim – the best and quickest way to do that is by taking a picture of the receipt and uploading it through the AleraPay mobile app.

Here are five of the most common expense categories that are now eligible to use FSA funds without a prescription:

- **1. Pain Relief Medications Headaches**. Over-the-counter pain and headache medications are now among the eligible expenses available from an FSA.
- **2. Cold and Flu Products** Over-the-counter medicines taken to cope with a severe cough or congestion are now eligible expenses.
- **3. Allergy Products** Those who have allergies can now find relief with their FSA funds in the form of over-the counter antihistamines and decongestants.
- **4. Heartburn Medications** Over-the-counter Heartburn medications are now FSA eligible without a prescription.
- **5. Menstrual Products** This entirely new product category is now FSA eligible! Eligible products include tampons, pads, and menstrual sponges.

For a complete up-to-date list of FSA Eligible Products & Services, visit FSAStore.com, select Tools, then Eligibility List, or use the AleraPay App to access the FSAStore or use the App to Scan the item's bar code. Questions? Contact <u>AleraEdgePay@AleraGroup.com</u>

If you have any questions or need any assistance with this or anything to do with your benefits, you can always contact GC HR Benefits Associate, Barbara Crapa at <a href="mailto:bcrapa@greenchimneys.org">bcrapa@greenchimneys.org</a>.

## Full details:

## Five New Expense Categories Now Eligible for Your FSA Funds

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## Eligible Expenses for a HealthCare FSA-(r3-27-20)

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