

# Clinical Services for Youth

## Whole Family Support for Mental Health



### New York State Children's Mental Health Rehabilitation Services Program

Green Chimneys partners with the New York State Children's Mental Health Rehabilitation Services Program to provide therapeutic treatment to youth served under New York State Children's Medicaid.

The program is designed to give children/youth (under 21) and their families the power to improve their health, well-being and quality of life. These services strengthen families, and help them make informed decisions about their care. Services are provided at home or in the community.

#### Therapeutic Support *Other Licensed Practitioner*

- Get assessments for mental health and/or substance use needs
- Identify strengths and abilities through individual and group therapies
- Receive individual, group or family therapy where you are most comfortable

#### Rehabilitation Services *Psychosocial Rehabilitation and Community Psychiatric Supports & Treatment*

- Incorporate therapy goals into everyday life and additional support in managing medication
- Build relationships and communicate better with family, friends and others
- Learn self-care, and use coping skills to manage emotions.

#### Green Chimneys Community-Based Services

Green Chimneys is a licensed provider of comprehensive supportive services for at-risk, runaway, homeless and foster care youth, as well as youth struggling with mental health, and their families.

- Crisis intervention services
- Flexible hours
- 24-hour hotline to access emergency shelter, service referrals, and mobile crisis intervention

#### Green Chimneys' Unique Nature-Based Approach

Caseworkers integrate Green Chimneys' nature settings and animal partners to individualize and enhance client treatment plans for the best outcomes.

- Incorporation of therapy animals, in or outside of an office environment
- Access to Green Chimneys' Farm & Wildlife Center
- Nature-based interventions including animal interaction, gardening, and outdoor exploration



Learn more about the Children's Mental Health Rehabilitation Program from your healthcare provider, Health Homes care manager/coordinator, or Medicaid Managed Care Plan.

For services, contact Green Chimneys Community Based Services at 845.279.2995 ext.701 or [cbs@greenchimneys.org](mailto:cbs@greenchimneys.org)